

Fun Kidz Triathlon

Sunday 26th February 2012:

Start 9.00am

**Waikanae Swimming Pool
Ngarara Road, Waikanae**

5 - 7 yrs

Run: 600 metres **Cycle:** 1 km

Swim: 30 metres (1 length)

8 -10 yrs

Run: 1 km **Cycle:** 6 km

Swim: 90 metres (3 lengths)

11yrs plus

Run: 2 km **Cycle:** 10 km

Swim: 150 metres (5 lengths)

ENTRY FORM: Individual \$5 / Team \$10

INDIVIDUAL: Grade (circle one): 5-7 yrs or 8-10 yrs or 11 yrs + **Girl / Boy (circle one)**

Name:

Address:

Phone **Email:**

Parent or guardian signature *

TEAM: Team Name:

Grade (circle one): 5-7 yrs or 8-10 yrs or 11 yrs + **Girls / Boys (circle one)**

Name 1:

Address:

Phone **Email:**

Parent or guardian signature *

Name 2:

Address:

Phone **Email:**

Parent or guardian signature *

Name 3:

Address:

Phone **Email:**

Parent or guardian signature *

- **Granting permission for the child to compete at their own risk**
- **Post entries to Peter Ellis. 4 Elder Grove Paraparaumu.**

For more information contact **Peter Ellis** ph 0274471883. email peter.ellis@xtra.co.nz